

**SPA
TREATMENT**

STEP INTO
A WORLD OF
RELAXATION

ELEMIS



ENJOY SOME TIME JUST FOR YOU WITH OUR SPA DAY PACKAGES

Luxury ELEMIS Experience £118pp

While away the hours with this relaxing and decadent spa day, perfect on your own, with a loved one or a friend!

- Your choice of our 100 minute Couture Touch treatment or 50 minute Couture Touch treatment plus a Deluxe Manicure or Pedicure
- A glass of bubbly

Two for £114 Experience

Relax, unwind and experience luxury ELEMIS treatments with a friend or loved one - the perfect introduction to spa days.

- 1 x 50 minute Signature Spa Ritual. Your choice of; Revitalising Ritual, Rebalancing Ritual, Relaxing Face & Back, Fit For Business, GELeration Hand Ritual, GELeration Foot Ritual

Your little slice of heaven £84pp

From your toes to your finger tips - a taste of luxury!

- 4 x 25 minute treatments including:
File and polish for fingers, file and polish for toes, ELEMIS Express facial, ELEMIS back, neck and shoulder massage

Indulgent ELEMIS Experience together £94pp

Experience ELEMIS' luxurious treatment. Loved by all, this treatment includes:

- 1 x 80 minute luxurious ELEMIS Back, Face & Scalp treatment
- A glass of bubbly

Discovery Experience £39pp

An introduction to our spa with use of our relaxing health club and lunch - ideal for catching up with a friend.

Explore our spa days at thenottinghambelfry.co.uk/spa or call **0115 9739 405** to talk to us about your perfect spa day experience.

All packages include use of our health club facilities, robes, slippers plus light lunch or afternoon tea.

Terms and conditions apply. A weekend supplement of £10pp also applies to all spa days. Please contact a member of the team for full details.

ELEMIS FACIALS

Superfood Pro-Radiance Facial

A nutritional boost to pack skin with energising and detoxifying actives.

50 mins - £64

Peptide 24/7 Skin Sync

Target tired skin with this radiance-restoring Peptide 24/7 facial.

50 mins - £64

Pro Collagen Age Defy Facial

Tackle fine lines and wrinkles with the age-defying benefits of Padina Pavonica and Red Coral.

50 mins - £64

To book your luxurious pampering treatment, call **0115 9739 405** or email spa@thenottinghambelfry.co.uk

ELEMIS BIOTEC FACIALS

The pioneering BIOTEC machine works to switch your skin back on, increasing its natural cellular energy. With clinically proven results, visibly healthy, nourished and energised skin.

BIOTEC Radiance Renew

This cellular-boosting treatment targets sluggish complexions.

50 mins - £74

BIOTEC Sensitive Skin Soother

This anti-redness treatment soothes sensitive skin.

50 mins - £74

BIOTEC Blemish Control

A deep cleansing facial that detoxifies and repairs damaged tissue.

50 mins - £74

BIOTEC Firm-a-Lift

Skin is visibly strengthened for a contoured complexion that is remarkably lifted.

50 mins - £74

BIOTEC Line Eraser

Powerfully rejuvenating clinically proven facial treatment that effectively irons out wrinkles and fills out lines.

50 mins - £74

BIOTEC Skin Resurfacer

This revolutionary clinically proven facial addresses skin tone, blemishes and fine lines to transform the texture of the skin.

50 mins - £74

BIOTEC Super – Charger for Men

The facial to de-stress, de-age and de-fatigue the male complexion while activating skin dynamism.

50 mins - £74



BODY TREATMENTS

Couture Touch

Combine any 25-minute or 50-minute ELEMIS facial with a 25-minute or 50-minute Freestyle Deep Tissue Massage.

50 mins - £64 | 100mins - £89

Wellbeing Massage

ELEMIS aromatherapy massage uses a blend of individually chosen oils.

50 mins - £69

Hot Stone Massage

A therapeutic full body massage using aromatherapy oils and warm volcanic stones.

50 mins - £74

Free Style Deep Tissue

The flowing massage works deeper into the tension, encouraging optimum circulation.

50 mins - £69

Peaceful Pregnancy Treatment

An intuitive and relaxing massage hydrates skin that is expanding for a growing baby.

80 mins - £89

Body Nectar Nourishing Wrap - Frangipani

The velvety texture of the Monoi Oil offers super-hydration for thirsty skin.

50 mins - £64

Should you need to cancel or reschedule, please notify us at least 48 hours in advance. Any cancellations with less than 48 hours of notice are subject to a cancellation fee of 50% and any cancellations with less than 24 hours are subject to a cancellation fee of 100% of the scheduled service.

SIGNATURE SPA RITUALS

50 mins - £66

Revitalising ritual with ELEMIS

A refreshing full body exfoliation followed by a therapeutic back massage to soothe tension and leave you relaxed and revived.

Rebalancing ritual with ELEMIS

Restore equilibrium and peace of mind with this unique combination of a personalised facial and soothing foot massage.

Fit for business back ritual with ELEMIS

After a stressful day relax with a back cleanse, exfoliation and deep massage followed by a purifying back mask.

Relaxing face and back ritual with ELEMIS

A gentle exfoliation and relaxing Deep Tissue back massage, with a face and scalp massage, to melt away tension and leave skin radiant.

GELeration hand or foot Spa ritual

A choice of relaxing hand or foot and leg treatment, including a relaxing massage and moisturise with cuticles cut and shaped. Your nails will then be finished perfectly with Jessica's long-lasting GEL polish.

Add one of our luxurious 25 minute spa treatments for just **£39 extra per treatment.**

BIOTEC Eye Treatment

Personalised Express Facial

BIOTEC Neck Treatment

Shoulder, Neck and Scalp Massage

Free Style Deep Tissue Back Massage

ELEMIS Full Body Frangipani Scrub

Frangipani Foot Treatment

ELEMIS

WAXING

Waxing Package 25mins

(Monday - Friday only) - £25

Waxing Package 50mins

(Monday - Friday only) - £40

LASHES AND BROWS

Expertly shaped and tinted by our experienced team.
Please note a patch test is required 24hrs prior to any tinting treatment.

Eyelash Tint 15 mins - £15

Brows by Mii Tint - 15 mins - £10

Brows by Mii – Express Mii - 20 mins - £18

NAIL TREATMENTS

Jessica Deluxe Manicure 50 mins - £45

Jessica Deluxe Pedicure 50 mins - £45

Jessica Gel Manicure 50 mins - £45

Jessica Gel Pedicure 50 mins - £45

Jessica Gel Polish Removal 30 mins - £15

Jessica Gel File & Polish - 30 mins - £35

File & Polish Hands 20 mins - £29

File & Polish Toes 20 mins - £29

Please note we cannot do any nail treatments if you currently have gel or acrylic on your nails.

NOTTINGHAM BELFRY

NOTTINGHAM

Mellor's Way, Off Woodhouse Way, Nottingham, NG8 6PY

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Email: spa@thenottinghambelfry.co.uk